

a = average age at death in case of premature mortality and average age of onset in case of disability, and

L = standard life expectancy at age in case of premature mortality and average duration in case of disability.

r = Discount rate for years to be lived in future.

The DALY formula without the age weighting function i. e. with equal age weights is as follows:

$DALY(r, 0) = \frac{D}{r}[1 - e^{-rL}]$ where the notation on the left hand side follows the convention suggested by Murray (1996). All variable are as defined above.

Detailed steps of integration for the DALY formula:

For the sake of easy reference, detailed steps of integration of the age weighting, discounting and duration of illness or years of life lost due to premature mortality are given below to arrive at the above formula.

DALY value of any disability with weight D at any age say a , is given by

$DALY = D \times \text{Age weight} \times \text{Discount factor} .$

The age weight for any age say x is given by the age weight function $Cxe^{-\beta x}$ and the discount factor is given by the function e^{-rx} . To calculate the total DALYs accounted for by a stream of life lost starting from the age at death is simply the integral of the disability weight times the age weight and discount factor. Thus

$$\begin{aligned}
 DALY &= \int_a^{a+L} DCxe^{-\beta x} e^{-r(x-a)} dx \\
 &= DC \int_a^{a+L} xe^{-\beta x} e^{-rx+a} dx \\
 &= DC \int_a^{a+L} xe^{-\beta x} e^{-rx} e^{ra} dx \\
 &= DCe^{ra} \int_a^{a+L} xe^{-\beta x} e^{-rx} dx \\
 &= DCe^{ra} \int_a^{a+L} xe^{-(\beta+r)x} dx \\
 &= DCe^{ra} \int_a^{a+L} xe^{-(r+\beta)x} dx
 \end{aligned}$$

Note that the expression inside the integral is of the form xe^{bx} where $b = -(r + \beta)$. Indefinite integral of this expression is given by $\int xe^{bx} dx = \frac{e^{bx}(bx-1)}{b^2}$ (CRC 1996). Continuing the integration with the above form of anti-derivative for the expression inside the integral:

$$\begin{aligned} DALY &= DCe^{ra} \left[-\frac{x}{(r+\beta)} e^{-(r+\beta)x} - \frac{1}{(r+\beta)^2} e^{-(r+\beta)x} \right]_a^{a+L} \\ &= DCe^{ra} \left[-\frac{a+L}{(r+\beta)} e^{-(r+\beta)(a+L)} - \frac{1}{(r+\beta)^2} e^{-(r+\beta)(a+L)} \right. \\ &\quad \left. + \frac{a}{(r+\beta)} e^{-(r+\beta)a} + \frac{1}{(r+\beta)^2} e^{-(r+\beta)a} \right] \end{aligned}$$

Multiply, wherever necessary, the numerator and denominator of terms inside the angle bracket with $(r + \beta)$ and factor out $(r + \beta)^2$ from the denominator inside angle brackets to get:

$$\begin{aligned} DALY &= \frac{DCe^{ra}}{(r+\beta)^2} \left[\begin{array}{c} -(a+L)(r+\beta)e^{-(r+\beta)(a+L)} - e^{-(r+\beta)(a+L)} \\ + a(r+\beta)e^{-(r+\beta)a} + e^{-(r+\beta)a} \end{array} \right] \\ &= \frac{DCe^{ra}}{(r+\beta)^2} \left[\begin{array}{c} e^{-(r+\beta)(L+a)}[-(r+\beta)(L+a) - 1] \\ - e^{-(r+\beta)a}[-(r+\beta)a - 1] \end{array} \right] \end{aligned}$$

This is the 1996 presentation, by Murray, of the DALY formula.

To get the 1994 presentation factor out $e^{-(r+\beta)a}$ from inside the angle brackets.

Note that e^{ra} can be written as $e^{(r+\beta-\beta)a} = e^{(r+\beta)a} e^{-\beta a}$.

So continuing the manipulation of the DALY formula:

$$\begin{aligned} DALY &= \frac{DCe^{ra} e^{-(r+\beta)a}}{(r+\beta)^2} \left[\begin{array}{c} e^{-(r+\beta)L}[-(r+\beta)(L+a) - 1] \\ -[-(r+\beta)a - 1] \end{array} \right] \\ &= \frac{DCe^{(r+\beta)a} e^{-\beta a} e^{-(r+\beta)a}}{(r+\beta)^2} \\ &\quad [e^{-(r+\beta)L}[-(r+\beta)(L+a) - 1] + (r+\beta)a + 1] \\ &= \frac{DCe^{-\beta a}}{(r+\beta)^2} \left[\begin{array}{c} e^{-(r+\beta)L}[-(r+\beta)(L+a) - 1] \\ + (r+\beta)a + 1 \end{array} \right] \\ &= -\frac{DCe^{-\beta a}}{(r+\beta)^2} \left[\begin{array}{c} e^{-(r+\beta)L}[1 + (r+\beta)(L+a)] \\ -[1 + (r+\beta)a] \end{array} \right] \end{aligned}$$

This is the 1994 presentation of the same formula.

If there is no age weighting:

$$\begin{aligned}
 DALY &= \int_a^{a+L} D e^{-r(x-a)} dx = D e^{ra} \int_a^{a+L} e^{-rx} dx \\
 &= D e^{ra} \left[\frac{e^{-rx}}{-r} \Big|_a^{a+L} \right] = -\frac{D e^{ra}}{r} [e^{-r(a+L)} - e^{-ra}] \\
 &= -\frac{D e^{ra}}{r} [e^{-ra} e^{-rL} - e^{-ra}] = -\frac{D}{r} [e^{-rL} - 1] \\
 &= \frac{D}{r} [1 - e^{-rL}]
 \end{aligned}$$

References:

1. CRC; 1996; Standard mathematical tables and formulae. 30th edition. New York, p391.
2. Murray 1994 and 1996 has been cited in the main text.